

# Political Culture and Party System Institutionalization In Mizoram: A Comparative Study with other North Eastern States in India

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## ARTICLE INFO ABSTRACT

Mizoram presents a distinctive pattern within India's otherwise volatile northeastern electoral landscape: a comparatively stable and institutionalized party system. While neighbouring states such as Manipur, Nagaland, and Tripura have experienced persistent fragmentation, high electoral volatility, and weak party consolidation, electoral competition in Mizoram has largely been structured around a limited number of durable political actors most notably the Mizo National Front (MNF) and the Indian National Congress (INC), with the more recent emergence of the Zoram People's Movement (ZPM) reshaping but not displacing the underlying bipolar logic. This article examines the conditions that have sustained party institutionalization in Mizoram, focusing on the interaction between historical experience, social organization, and political culture.

Drawing on secondary electoral data, historical sources, and field-based observations, the study analyses voter behaviour, leadership formation, and the role of civil society institutions in structuring electoral competition. It argues that party stability in Mizoram cannot be explained by organization strength or electoral rules alone. Rather, it is rooted in a dense civic ecology comprising church networks, community organization, and norms of public accountability that mediates political competition and constrains opportunistic mobilization. These social infrastructures foster issue-based contestations, discipline elite behaviour, and reduce incentives for factional splintering, thereby moderating electoral volatility without suppressing competition.

By situating Mizoram in comparative perspective with other northeastern states, the article contributes to debates on party system institutionalization in subnational democracies. It demonstrates how locally embedded civic institutions and moral economies of participation can shape electoral outcomes and stabilise party systems, offering broader insights into the relationship between political culture and democratic consolidation in culturally distinct regions.

**Keywords:** Political institutionalization of the party system, politics in North East, Electoral volatility, Mizo National Front, Civil Society Organizations, Anti-Incumbency.

## Introduction

Electoral politics in Northeast India are often marked by instability rather than consolidation. In several states of the region, most notably Manipur, Nagaland, and Arunachal Pradesh, party systems have remained fragmented, electoral volatility has been persistently high, and political allegiances have shifted frequently across election cycles. These patterns are commonly linked to a combination of factors: ethnic heterogeneity, legacies of insurgency, personalized leadership, and the weak organizational embedding of political parties. Against this broader regional backdrop, Mizoram stands out as a notable exception. Since attaining statehood in 1987, electoral competition in the state has been structured around a limited number of durable political actors, with power alternating primarily between the Mizo National Front (MNF) and the Indian National Congress (INC). Even with the recent emergence of the Zoram People's Movement (ZPM) as a credible third contender, the underlying bipolar logic of competition has remained largely intact.

This relative stability is analytically puzzling. Mizoram shares many of the structural conditions often associated with political fragmentation in the Northeast, including a history of insurgency, strong identity-based mobilization, and geographic and economic marginalization. Yet these factors have not translated into a

brittle or fluid party system. Instead, political competition has remained comparatively disciplined, electoral outcomes have been broadly predictable, and parties have demonstrated an unusual capacity for organization continuity. The persistence of this pattern suggests that conventional explanations centred on ethnicity or post-conflict politics are insufficient on their own to account for Mizoram experience.

This article argues that the stability of Mizoram party system is best understood through the interaction between political culture and organizational mediation. Rather than treating party institutionalization as a product of party organization alone, it foregrounds the role of a dense civic environment comprising church-based networks, community organizations, and norms of public accountability in shaping voter behaviour and disciplining political elites. These social infrastructures do not eliminate competition; instead, they structure it by constraining factionalism, moderating opportunistic defection, and embedding parties within everyday association life. Party stability in Mizoram, on this account, is not the absence of contestations but the outcome of contestations operating within culturally specific norms of participation and restraint.

The article proceeds with three objectives. First, it traces the historical and socio-political conditions that shaped the emergence of a stable party system in Mizoram, paying particular attention to the post-insurgency settlement and its effects on political organization. Second, it examines how voter behaviour, leadership patterns, and civil society institutions interact to sustain party institutionalization over time. Third, it situates Mizoram in comparative perspective alongside neighbouring states in the Northeast to clarify how differences in political culture and civic organization produce divergent trajectories of party system development. In doing so, the article contributes to broader debates on party institutionalization in subnational democracies and the role of political culture in shaping durable democratic competition.

### THEORETICAL FRAMEWORK

This study draws on two complementary strands of political theory to explain party system stability in Mizoram: the concept of party system institutionalization, as developed by Seymour Martin Lipset and Stein Rokkan, and the notion of civic culture articulated by Gabriel Almond and Sidney Verba. Together, these frameworks allow the analysis to move beyond organizational descriptions of parties and toward a relational understanding of how political competition becomes socially embedded and normative constrained over time. Party system institutionalization, in Lipset and Rokkan's formulation, refers to the extent to which patterns of political competition become stable, socially rooted, and taken for granted within a polity. Institutionalization is not reducible to electoral success or longevity alone; it rests on a convergence of factors, including the durability of party alignments, the depth of organizational structures, the strength of linkages between parties and social groups, and the perceived legitimacy of parties as vehicles of political representation. Where these conditions hold, electoral outcomes tend to be predictable within bounded limits, voter loyalties display continuity across election cycles, and parties function as enduring institutions rather than transient electoral platforms.

Applied to Mizoram, this framework helps identify what distinguishes the state from much of the Northeast. Electoral competition in Mizoram has not been characterized by frequent party breakdowns, rapid realignments, or the proliferation of short-lived political formations. Instead, competition has remained structured around a limited set of actors whose organizational presence extends beyond election periods. This suggests a degree of social anchoring and normative acceptance that is often absent in neighbouring states, where party labels are more easily abandoned, and electoral volatility remains high. Lipset and Rokkan's emphasis on social rootedness is particularly relevant here, as it directs attention to the societal environments in which parties operate rather than treating parties as autonomous organizational entities.

The civic culture framework developed by Almond and Verba adds an important second dimension to this analysis. Civic culture refers to the patterns of political orientation, participation, and expectation through which citizens relate to political institutions. Rather than focusing solely on formal participation, it emphasizes norms of engagement, restraint, and accountability that shape how political competition is conducted. In contexts where civic culture is dense and participatory, political actors are subject not only to electoral incentives but also to social expectations that discipline behaviour and sanction deviation.

In Mizoram, civic organization such as church bodies, the Young Mizo Association (YMA), and other community-based associations form an extensive association network that intersects with political life. These institutions do not function as party organization, yet they influence political behaviour by setting informal standards of conduct, mediating disputes, and shaping collective expectations about leadership and public responsibility. Their presence alters the incentives facing political parties and candidates: factionalism, opportunistic switching, or overtly clientele practices carry social costs that extend beyond electoral defeat.

The interaction between party system institutionalization and civic culture is therefore central to the argument advanced here. Civic institutions contribute to the social embedding and legitimacy of parties, while institutionalized parties provide stable channels through which civic participation is translated into representative politics. This reciprocal relationship helps explain why party competition in Mizoram has remained disciplined without becoming stagnant, and competitive without becoming fragmented. Rather than treating political culture and party organization as separate explanatory variables, this framework views them as mutually constitutive processes that together sustain a stable pattern of democratic competition.

## LITERATURE REVIEW

**Party System Institutionalization in India and the Northeast:** Scholarship on Indian party systems has consistently highlighted volatility, fragmentation, and regional differentiation as defining features of subnational politics. Studies by Chhibber and Nooruddin (2004) and Yadav (1999) show that state-level party systems in India often diverge significantly from national patterns, with weak organization anchoring and frequent electoral realignments. These tendencies are amplified in peripheral regions, where historical incorporation into the Indian state has been uneven and where political institutions have often developed under conditions of conflict and negotiation.

Within the Northeast, these dynamics have been widely documented. Baruah (2005) situates electoral instability within a broader political context shaped by insurgency, frontier governance, and negotiated state-making, while later studies emphasize ethnic heterogeneity, factional leadership, and limited organization penetration as constraints on party institutionalization (Rina & Singh, 2016). In states such as Nagaland and Manipur, high rates of defection, shifting alliances, and the proliferation of short-lived parties have been taken as indicators of weak institutionalization and personalized politics.

Against this background, Mizoram has been repeatedly identified as an outlier. Electoral competition in the state has remained structured around a limited number of parties, with relatively stable patterns of alternation between the Mizo National Front (MNF) and the Indian National Congress (INC). Kamei (2018) argues that electoral change in Mizoram is better explained through cyclical anti-incumbency than through structural volatility, suggesting a degree of organization continuity absent elsewhere in the region. More recent work by Gangte (2017) and Lalthangliana (2020) attributes this stability to disciplined party organization, locally embedded leadership, and sustained grassroots networks. While these accounts offer valuable insights, they often treat organization strength as a self-explanatory variable, leaving open the question of why such organizational depth emerged and endured in Mizoram but not in neighbouring states.

**Civic Engagement and the Role of Civil Society:** A second body of literature points to the role of civil society in shaping political behaviour in Mizoram. Scholars have noted the density and reach of association life in the state, particularly the influence of church institutions and organization such as the Young Mizo Association (YMA). Zothanpuia (2015) characterizes these bodies as intermediaries between voters and political actors, capable of shaping norms of accountability and acceptable political conduct. Rather than functioning as partisan organization, they operate as moral and social regulators, influencing expectations about leadership, campaigning, and public responsibility.

This line of argument shifts attention away from parties alone and toward the broader social environments in which they operate. It suggests that political stability in Mizoram may be sustained not merely by party organization, but by informal constraints imposed by civic institutions that reward restraint and sanction opportunism. However, much of this literature remains descriptive, emphasizing the presence of civil society without fully theorizing its relationship to party institutionalization or explaining how civic norms are translated into durable electoral patterns.

**Electoral Behavior and Patterns of Anti-Incumbency:** Studies of voting behaviour in Mizoram further complicate standard explanations of party competition in the Northeast. Empirical analyses indicate that electoral choices in the state are often shaped by assessments of governance performance, policy delivery, and leadership credibility rather than by narrow identity mobilization or patronage politics (Singh, 2019; Haokip, 2021). Anti-incumbency operates as a recurring but bounded mechanism, producing alternation in power without destabilizing the party system itself. The emergence of the Zoram People's Movement (ZPM) has altered the competitive landscape, yet it has done so within an existing framework of disciplined competition rather than through the collapse of established party structures.

This pattern suggests a form of voter accountability that differs from both clientele exchange and highly personalized mobilization. At the same time, existing studies often stop short of explaining why such accountability mechanisms are effective in Mizoram but weaker in comparable states. Electoral behaviour is described, but its institutional and cultural foundations are not always analytically unpacked.

**Comparative Perspectives of Neighboring States:** Comparative research on Northeast India underscores the contrast between Mizoram and its neighbour. Analyses of Nagaland, Manipur, and Arunachal Pradesh highlight how insurgency legacies, factional politics, and limited civic mediation have contributed to fragmented party systems and unstable electoral alignments (Baruah, 2005; Sema, 2014). While some scholars point to ethnic heterogeneity as a structural factor, others caution against treating diversity as a sufficient explanation, noting that institutional design and social organization play mediating roles.

What remains underexplored in this comparative literature is the interaction between civic culture and party organization. Mizoram is frequently described as "exceptional," yet the mechanisms through which civic institutions, voter behaviour, and party structures reinforce one another are rarely examined in an integrated

manner. This gap is significant, as it obscures the processes through which party systems become institutionalized, or fail to do so within similar regional and historical contexts.

**Positioning the present study:** This article builds on existing scholarship while addressing its analytical limits. Rather than treating party institutionalisation, civic culture, and electoral behaviour as separate explanatory domains, it examines their interaction as a mutually reinforcing process. By situating Mizoram within a comparative Northeast framework, the study seeks to move beyond claims of exceptionalism and toward a more systematic understanding of how locally embedded civic institutions shape party system stability in subnational democracies.

## RESEARCH METHODOLOGY

This study adopts a qualitative–comparative research design to examine party system institutionalisation in Mizoram and to situate it within the broader electoral dynamics of Northeast India. The methodological approach is guided by the nature of the research question, which seeks to explain variation in party system stability rather than to test causal effects through large-N statistical inference. To address this explanatory aim, the study combines structured comparison with historical and institutional analysis, supported by triangulation of multiple data sources.

**Research design:** The core of the analysis is a single-case study of Mizoram, selected for its analytically anomalous position within the Northeast: a region characterised by persistent party fragmentation and electoral volatility, yet hosting one state with a comparatively stable and institutionalised party system. The case is examined in comparative perspective alongside Nagaland, Manipur, and Tripura, which serve as contrast cases rather than full counterfactuals. These states share broad regional, historical, and political conditions such as post-colonial state formation, experiences of insurgency, and identity-based mobilisation, while displaying markedly different trajectories of party system development.

The research design is explanatory rather than descriptive. It focuses on identifying the institutional and cultural mechanisms through which party stability has been sustained in Mizoram, rather than merely documenting electoral outcomes. Comparison is used not to rank states, but to clarify how similar structural conditions yield divergent political patterns when mediated by differences in civic organization and political culture.

**Data sources:** The study relies on the triangulation of four categories of data.

First, electoral data drawn from the Election Commission of India are used to map long-term patterns of party competition in Mizoram, and the comparison states between 1987 and 2023. These data include vote shares, seat distributions, turnout levels, and incumbency patterns, which together allow for the identification of trends in volatility and party alternation.

Second, party documents including party constitutions, election manifestos, and official communications of the Mizo National Front (MNF), Indian National Congress (INC), and Zoram People's Movement (ZPM) are examined to assess organizational continuity, programmatic orientation, and internal structuring.

Third, secondary literature comprising academic books, peer-reviewed articles, and research reports on Northeast Indian politics provides historical context and interpretive depth, particularly in relation to insurgency legacies, state formation, and regional political cultures.

Fourth, civil society reports and publications produced by organizations such as the Young Mizo Association (YMA), church bodies, and local non-governmental organization are used to understand norms of participation, informal mechanisms of accountability, and the role of association life in electoral processes. These materials are treated as contextual sources rather than as direct measures of political behaviour.

**Analytical strategy:** The analysis is structured around the concept of party system institutionalization as articulated by Lipset and Rokkan, with particular attention to three interrelated dimensions: organizational continuity, voter alignment, and systemic legitimacy. Rather than applying these criteria mechanically, the study uses them as heuristic lenses to interpret electoral and organizational patterns over time.

To capture variation across cases, the analysis draws on a limited set of comparative indicators, including electoral volatility, cycles of party alternation, the effective number of parties, and the operation of anti-incumbency. These indicators are not used to produce formal indices, but to support qualitative inference about the stability and structuring of party competition. Insights from the civic culture framework developed by Almond and Verba are employed to interpret how participation norms, association density, and informal expectations shape the behaviour of voters and political elites, particularly in Mizoram.

## LIMITATIONS

The study is subject to certain limitations. Primary fieldwork was constrained by geographic and logistical factors, and the analysis relies primarily on secondary sources and publicly available electoral data. While this limits the ability to make fine-grained claims about individual voter motivations, the longitudinal breadth of

the data and the consistency of patterns observed across multiple sources provide a robust basis for analysis party system institutionalization and political culture at the state level. The findings should therefore be read as explanatory and interpretive rather than as predictive or statistically generalisable beyond the regional context.

## ANALYSIS

**Historical origins of party institutionalization in Mizoram:** Party institutionalization in Mizoram cannot be understood without reference to the state's insurgent past and its negotiated transition to electoral politics. The Mizo National Front (MNF) emerged not merely as a political party but as a movement that carried the memory of collective mobilization during the insurgency of the 1960s and 1970s. Its transformation from an armed organization into a constitutional political actor following the 1986 Mizo Peace Accord endowed it with a form of historical legitimacy that extended beyond electoral success. This legacy translated into durable grassroots networks, disciplined cadreship, and a sense of ownership among supporters that persisted after the shift to democratic competition.

The Indian National Congress (INC), by contrast, represents a different but complementary trajectory of institutionalization. As a national party, it was able to adapt its organizational structures to local social realities in Mizoram rather than relying solely on its national identity. Over time, it developed locally embedded leadership and organizational routines that allowed it to compete credibly with the MNF. The result was not domination by a single actor but a pattern of structured alternation in power. This historical pairing, one party rooted in insurgent legitimacy and the other in adaptive organisational embedding, created the foundation for a competitive yet stable party system.

**Electoral behaviour and patterns of competition:** An examination of electoral data from 1987 to 2023 reveals several features that distinguish Mizoram's electoral dynamics from those of neighbouring states. First, electoral competition has remained largely bipolar. The MNF and the INC have consistently accounted for the majority of votes and seats in the state assembly, with the more recent rise of the Zoram People's Movement (ZPM) introducing competitive pressure without dismantling the underlying structure of party competition. Rather than fragmenting the system, ZPM's entry has so far operated within existing norms of electoral contestations.

Second, electoral volatility in Mizoram has remained moderate in comparative terms. Changes in government have tended to follow discernible cycles of anti-incumbency rather than abrupt realignments triggered by factional splits or defections. Seat turnover is therefore better understood as a mechanism of accountability than as evidence of party system instability. This distinguishes Mizoram from states such as Manipur and Nagaland, where volatility is often driven by organizational breakdown and elite reconfiguration.

Third, constituency-level patterns point to the importance of local organizational depth. Constituencies such as Aizawl East, Lunglei South, and Dampa have exhibited relatively high levels of party loyalty across election cycles. In these areas, electoral outcomes are shaped less by short-term mobilization and more by sustained engagement between parties, local leaders, and community organizations. Campaign strategies emphasizing governance performance and leadership credibility tend to carry greater weight than identity-based appeals.

Finally, voting behaviour in Mizoram shows a pronounced orientation toward issue-based evaluation. Voters routinely assess incumbents on governance delivery, development initiatives, and welfare implementation. While identity and community remain important contexts of political life, they do not translate straightforwardly into electoral mobilization. This pattern reinforces party institutionalization by rewarding organizational performance and policy credibility rather than opportunistic repositioning.

**Civil society, political culture, and the disciplining of competition:** Civil society institutions play a crucial mediating role in sustaining Mizoram's party system. Organizations such as the Young Mizo Association (YMA) and church bodies function as informal regulators of political conduct. They do not act as partisan agents, but they shape expectations about acceptable political behaviour, campaign practices, and leadership responsibility. Through mechanisms of community scrutiny and moral sanction, these institutions impose social costs on practices such as excessive clientele, opportunistic defection, or inflammatory campaigning.

This civic environment contributes to what may be described as a disciplining political culture. Participation is encouraged, but within norms that emphasize restraint, accountability, and collective responsibility. Parties operating within this context are compelled to maintain organizational coherence and reputation credibility, as violations are not merely electorally punished but socially censured. Over time, this interaction between civic institutions and party organizations has reinforced patterns of stable competition and reduced incentives for fragmentation.

**Comparative perspectives from neighbouring states:** A comparative view of neighbouring states highlights the distinctiveness of Mizoram trajectory. In Manipur, party competition has been undermined by ethnic factionalism, frequent defections, and the persistent influence of insurgent politics, resulting in weak organizational continuity. Nagaland's political landscape has been shaped by intra-party splits, coalition pressures, and personalized leadership, producing high volatility despite repeated electoral participation. Tripura presents a different pattern altogether: long-term dominance by the CPI(M) followed by a rapid

transition to BJP rule reflects ideological realignment rather than the gradual alternation observed in Mizoram.

What differentiates Mizoram is not the absence of conflict or competition, but the presence of institutional and cultural mechanisms that channel competition into predictable forms. Historical legitimacy, organizational depth, and dense civic networks combine to stabilize party competition without suppressing political choice. This comparative contrast underscores the argument that party institutionalization is not an automatic outcome of electoral participation but the product of specific historical and social conditions.

**Emerging challenges and future trajectories:** Recent developments point to new pressures on Mizoram's party system. The growing prominence of the ZPM, increased political engagement among younger voters, the influence of social media, and gradual urbanization are altering the terrain of political mobilization. While these changes have not yet disrupted the core structure of party institutionalisation, they introduce uncertainties that may test existing organisational routines and norms of engagement.

Whether Mizoram party system can accommodate these shifts without losing its stabilizing features will depend on the capacity of established parties to renew leadership, adapt organizational practices, and remain responsive to evolving voter expectations. The durability of institutionalization in Mizoram, therefore, should not be treated as a static achievement but as an ongoing process shaped by the interaction between political culture, organizational adaptation, and social change.

## DISCUSSION

Mizoram is an example of interaction of political culture and institution of parties. Unlike its neighbors where party dispersal and insurgency limit party systems, the homogeneity, civic engagement and commune history of Mizoram lead to predictable and consistent electoral structure. Major discussion points are:

- a. **Role of Anti-Incumbency:** Alternation cycles moderated by party institutionalization Voter's change governments remain loyal to established parties.
- b. **Ethnic Homogeneity as Stabilizer:** Shared identity helps in promoting people's cohesion and discourages factional politics.
- c. **Civil Society as a Political Mediator:** Church and civil society organizations serve the function of intermediary organizations which increase the sense of accountability and limit opportunistic politics.
- d. **Comparative Lessons:** Mizoram experience appears to suggest the significance of political culture, historical legitimacy and organizational depth for party system institutionalization. Other Northeastern states, with a similar ethnic homogeneity may benefit from stronger mechanisms of civic engagement, in order to stabilize their party systems.
- e. **Implications for Federal Democracy:** Mizoram indicates that vigorous local party institutions add to the consolidation of democracy even in peripheral ethnically homogeneous states.

## CONCLUSION

Mizoram stands apart within the political landscape of Northeast India not because it is insulated from contestations, but because competition there has been routinized, institutionalized, and socially embedded. The persistence of a largely bipolar party system, historically anchored in the alternation between the Mizo National Front and the Indian National Congress, and more recently adjusted to accommodate the rise of the Zoram People's Movement, reflects a form of political stability that is rare in the region. This stability cannot be explained by electoral rules or formal institutions alone. Instead, it is the product of a historically grounded party system operating within a dense civic environment that disciplines both political elites and voters.

The analysis has shown that party institutionalization in Mizoram is sustained through the interaction of three factors: historical legitimacy rooted in the transition from insurgency to constitutional politics, organizational depth that connects parties to local communities, and a political culture shaped by strong civic and religious institutions. Civil society organizations and church networks do not merely mobilize participation; they structure expectations about political conduct, constrain opportunism, and reinforce norms of accountability. Electoral competition, as a result, is neither chaotic nor purely elite-driven, but embedded in a moral economy that values restraint, performance, and collective responsibility.

This finding carries broader implications for the study of democracy in peripheral and post-conflict regions. Mizoram suggests that party system stability is not an automatic outcome of ethnic homogeneity, nor a simple function of institutional design. Rather, it emerges when historical experience, civic organization, and party structures reinforce one another over time. In this sense, Mizoram complicates prevailing narratives that associate Northeast Indian politics primarily with volatility and fragmentation, and instead demonstrates how political culture can act as an enabling condition for democratic consolidation.

At the same time, institutionalization should not be mistaken for permanence. Emerging dynamics, urbanization, generational change, digital mobilization, and the entry of new political actors are already reshaping the terrain of electoral competition. Whether Mizoram party system can absorb these pressures without reverting to fragmentation will depend on the capacity of political organizations to renew themselves while remaining anchored in the civic norms that have historically stabilized competition.

Ultimately, the case of Mizoram emphasizes a central insight: democratic stability at the subnational level is

as much a social achievement as an institutional one. Understanding party systems, particularly in diverse and conflict-affected regions, requires attention not only to votes and seats, but to the deeper civic infrastructures through which political competition is rendered meaningful, legitimate, and durable.

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