

# The Role Of Women's Leadership In Higher Education Institutions: Challenges Of Marginalization And Empowerment Strategies

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## ABSTRACT

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This study aimed to explore the role of women's leadership in promoting inclusivity and gender equality in higher education institutions, while identifying the challenges women face in assuming leadership positions at universities. It also evaluated current policies in higher education institutions related to women's empowerment and examined the role that organizational culture plays in marginalizing women. Additionally, the study sought to propose solutions to change this culture.

To achieve this, the study relied on analyzing previous research and various theories explaining women's leadership, following a descriptive analytical method. The findings suggest that achieving these goals requires continuous efforts to change organizational structures and adopt effective empowerment policies. By doing so, higher education institutions can contribute to creating more equitable and diverse learning environments that benefit from the expertise of all members of the academic community without discrimination or marginalization.

**Keywords:** Women's leadership, Higher education institutions, Challenges of marginalization, Empowerment strategies.

## 1- Introduction:

In recent decades, women's leadership has become an increasingly important focus, particularly in higher education institutions, where women play a vital role in shaping academic policies and managing educational institutions. Women's leadership is seen as a leadership style that emphasizes empowerment, inclusivity, and effective communication, aligning with educational values that promote collaborative learning and gender equality. As universities and colleges strive to create inclusive learning environments, the need for women's representation in leadership positions grows, ensuring that female talent is empowered and balance in decision-making is achieved.

Despite progress in empowering women in leadership roles, women still face numerous challenges in higher education institutions. These challenges include gender discrimination, male-dominated administrative structures, and difficulties in accessing senior leadership positions. Such challenges form a "glass ceiling" that hinders their advancement, along with work environments that may not be welcoming and the added burden of family responsibilities, which can affect their ability to compete in this field. Hence, it becomes essential to analyze and understand the nature of women's leadership and how it impacts educational systems and university policies.

This study aims to explore the role of women's leadership in higher education institutions, focusing on factors that enhance women's opportunities in leadership positions, as well as the challenges they may face. Additionally, this paper will examine how higher education institutions can improve their policies to support and empower women, contributing to the creation of a more equitable and balanced academic environment.

## 2- Problem Statement:

Despite the progress made in enhancing women's presence in leadership positions within higher education institutions, female representation in these roles remains modest, and gender marginalization continues to be

an ongoing issue. Studies indicate that women face multiple obstacles, including structural discrimination and inequality in career opportunities, leading to their underrepresentation in senior administrative positions (Smith & Johnson, 2020). Additionally, women in leadership positions are subjected to persistent discrimination related to societal perceptions of gender, where they are often viewed as less competent in decision-making compared to their male counterparts (Brown et al., 2019).

Researchers argue that women's leadership is characterized by a unique style that emphasizes inclusivity and collaboration, values essential for improving higher education environments. A study by Alvesson & Billing (2009) highlighted the role women play in organizations and how the leader's gender affects leadership style and decision-making. It suggests that women often demonstrate a more collaborative and participatory leadership style compared to men, leading to more sustainable and inclusive decision-making (Miller & Davis, 2021). However, some studies have shown that women leaders still face structural barriers, such as a lack of institutional support and the absence of policies that promote equality of opportunity (Garcia, 2018). As a result, this marginalization not only excludes women from leadership roles but also negatively impacts the quality of education and institutional decisions.

In light of these challenges, this paper aims to address the following questions:

- What is the role of women's leadership in promoting inclusivity and gender equality in higher education institutions?
- What are the main challenges women face in assuming leadership positions within higher education institutions?
- How can higher education institutions improve their policies to support and empower women in leadership roles?
- What role do organizational culture and structures play in marginalizing women in leadership positions?

### 3- Study Objectives:

- To analyze the role of women's leadership in promoting inclusivity and gender equality in higher education institutions.
- To identify the challenges and barriers women face in assuming leadership positions in universities and colleges.
- To evaluate the current policies in higher education institutions related to women's empowerment and propose ways to improve them to support women in leadership roles.
- To understand the role organizational culture plays in marginalizing women and to propose solutions for changing this culture.

### 4- Importance of the Study:

- **Bridging the Gap in Academic Literature:** This study contributes to enriching the literature on women's leadership in higher education, especially in light of the ongoing challenges women face in assuming leadership positions. Despite significant progress in empowering women, there is a lack of studies focusing on women's leadership in this vital sector.
- **Achieving Gender Equality:** The study highlights the importance of women's leadership in promoting gender equality within educational institutions. By analyzing women's leadership roles, this study can provide insights that help reduce the gender gap in senior positions.
- **Improving Institutional Policies:** The study offers practical strategies and recommendations that educational institutions can apply to improve their policies related to empowering women in leadership. These recommendations can help universities and colleges develop more inclusive and diverse environments.
- **Supporting Community Development:** By promoting women's leadership in higher education, this study can contribute to supporting efforts aimed at building more equitable and balanced societies, where women play leading roles that influence educational and societal policies.
- **Guiding Future Research:** The study provides a theoretical and practical framework that can be used as a basis for future research on women's leadership in other sectors, contributing to a broader understanding of the role of women in leadership on a larger scale.

### 5- Study Terms:

#### 5.1- Women's Leadership:

*Operational Definition:* In this study, women's leadership refers to the leadership style practiced by women in senior administrative positions in higher education institutions, characterized by a focus on inclusivity, collaboration, empowerment, and effective communication. This style includes policies and practices aimed at achieving gender equality in academic work environments (Miller & Davis, 2021).

### **5.2- Higher Education Institutions:**

*Operational Definition:* Higher education institutions include universities, colleges, and institutes that offer educational and training programs beyond secondary school, and manage research and development programs. In this study, the focus is on the administrative structures in these institutions and how decisions and leadership-related policies are made (Smith & Johnson, 2020).

### **5.3- Gender Marginalization:**

*Operational Definition:* In this study, gender marginalization is defined as the diminishing of women's roles or exclusion from active participation in decision-making or access to senior leadership positions in higher education institutions, due to gender discrimination or cultural and organizational barriers (Brown et al., 2019).

### **5.4- Inclusivity:**

*Operational Definition:* Inclusivity refers to the adoption of institutional policies and practices that ensure representation of all individuals regardless of gender, and provide equal opportunities for everyone to participate and lead. In the context of this study, inclusivity is one of the key characteristics of women's leadership aimed at achieving equality in higher education institutions (Garcia, 2018).

### **5.5- Empowerment:**

*Operational Definition:* In this study, empowerment refers to supporting and enabling women in higher education institutions to reach leadership positions through training opportunities, professional development, and mentoring programs that help women enhance their leadership skills (Smith & Johnson, 2020).

### **5.6- Structural Challenges:**

*Operational Definition:* Structural challenges refer to the organizational and cultural obstacles that hinder women's access to leadership positions in higher education institutions. These challenges include gender discrimination, cultural biases, and the absence of policies that support gender balance (Garcia, 2018).

## **6- Previous Studies:**

### **6.1- Study on Women's Leadership and Its Impact on Decision-Making**

Miller, A., & Davis, J. (2021)

This study focused on analyzing how women's leadership influences decision-making processes in higher education institutions. The researchers found that women in leadership positions adopt an inclusive approach that emphasizes collaboration and the empowerment of academic teams, leading to more inclusive and diverse decisions. The study also highlighted that women's leadership can be a key factor in improving the academic work environment and promoting gender equality.

### **6.2- Study on the Challenges Faced by Women in Leadership Positions:**

Brown, L., Carter, S., & Thompson, R. (2019).

This study reviewed the gender biases that women in leadership positions face in higher education institutions. The researchers found that women encounter significant challenges, such as indirect discrimination and cultural biases, which hinder their advancement to senior positions. The study pointed out that the absence of supportive policies for women exacerbates these challenges, leading to the continued marginalization of women in leadership.

### **6.3- Study on Structural Barriers to Women's Empowerment in Higher Education:**

Garcia, P. (2018).

This study addressed the structural barriers women face in higher education from a global perspective. The study confirmed that obstacles such as male dominance in administrative structures and the absence of policies that support gender balance lead to a low percentage of women in senior leadership positions. The study recommended adopting policies that promote empowerment and provide a supportive environment for women in academic institutions.

### **6.4- Study on Strategies to Promote Women's Leadership in Higher Education:**

Smith, R., & Johnson, K.

This study focused on analyzing gender imbalance in leadership positions within higher education institutions. The study found an urgent need for strategies to promote women's leadership, such as providing specialized training programs for women and developing policies that encourage professional promotion based on competence rather than gender. It indicated that women's leadership could help create a more equitable and inclusive educational environment.

### **6.5- Study on Women's Leadership and Its Impact on Empowerment in Academic Institutions:**

Adams, & Blackwell (2022)

This study explored the impact of women's leadership on empowerment within higher education institutions. It focused on how women leaders adopt participatory and empowering approaches that enhance the team's ability to make decisions. The study also discussed the challenges women face in leadership positions and how supportive policies can contribute to improving their representation.

### 7- Theories Explaining Women's Leadership:

Below are some theories that can be applied to the study of women's leadership in higher education institutions. These theories enhance the understanding of how women lead and how they confront structural challenges and gender marginalization:

#### 7.1- Transformational Leadership Theory

- **Definition:** Transformational leadership is a theory that focuses on how transformational leaders inspire and drive change within institutions by motivating and engaging individuals to achieve shared goals, with an emphasis on innovation and positive change.
- **Application:** In the context of women's leadership, it can be said that female leaders in higher education institutions adopt a transformational leadership style, focusing on collaboration, empowerment, and innovation to promote a more inclusive work environment. This theory supports the idea that women's leadership can bring about positive changes through inclusivity and justice (Bass & Avolio, 1994).

#### 7.2- Gender Bias Theory

- **Definition:** This theory posits that gender biases significantly affect how men and women are evaluated in leadership roles. It suggests that women are often perceived as less competent in leadership due to societal and cultural biases.
- **Application:** This theory can be used to understand the challenges women face in attaining leadership positions in higher education institutions. According to studies, gender bias is one of the main barriers preventing women from advancing in leadership, leading to their marginalization (Eagly & Karau, 2002).

#### 7.3- Glass Ceiling Theory

- **Definition:** This theory refers to the invisible barriers that women and racial minorities face when attempting to reach senior leadership positions. These barriers are often cultural and organizational, limiting opportunities for advancement.
- **Application:** This theory can be applied to study the structural marginalization women face in higher education institutions, where they encounter a glass ceiling preventing them from accessing senior leadership positions despite their qualifications and capabilities (Morrison & Von Glinow, 1990).

#### 7.4- Feminist Organizational Theory

- **Definition:** This theory focuses on examining how organizations are structured in ways that reinforce gender discrimination. It shows that traditional organizations are often built on masculine structures that promote gender marginalization.
- **Application:** This theory can be applied to understand how organizational structures in higher education institutions may reinforce discrimination against women. It also provides recommendations for restructuring these organizations to achieve gender equality (Calás & Smircich, 1992).

#### 7.5- Empowerment Theory

- **Definition:** Empowerment theory focuses on providing individuals with the tools and knowledge they need to make decisions and actively participate in leadership processes. The theory emphasizes both personal and institutional empowerment.
- **Application:** In the context of women's leadership, this theory relates to empowering women by providing training opportunities and mentoring programs that help them develop their leadership skills and advance in their positions. This theory can support the development of policies focused on empowering women in higher education institutions (Zimmerman, 2000).

#### 7.6- Role Congruity Theory of Prejudice toward Female Leaders

- **Definition:** This theory suggests that prejudice against female leaders arises from the incongruity between traditional gender roles (nurturing and gentleness) and leadership demands (authority and assertiveness). When women adopt leadership roles, they are viewed negatively for not aligning with stereotypical female traits.
- **Application:** This theory explains why women in leadership may struggle to gain acceptance from their colleagues. It can be applied to study how women in leadership positions in higher education institutions are perceived and how this contributes to their marginalization (Eagly & Karau, 2002).

These theories highlight different dimensions of women's leadership in higher education institutions and provide an analytical framework for understanding how gender influences leadership. They also offer tools for



understanding the challenges women face in leadership, such as gender bias and the glass ceiling, while presenting strategies to promote empowerment and equality.

## 8- Answering the Study Questions:

### 8.1- Answering the first question, which states: What is the role of women's leadership in promoting inclusivity and gender equality in higher education institutions?

Women's leadership is a pivotal factor in promoting inclusivity and gender equality in higher education institutions, playing several key roles, including:

- **Enhancing diversity:** Women's leadership increases diversity in academic and administrative bodies by raising the representation of women in leadership positions. This representation reflects societal realities and contributes to providing diverse perspectives that positively impact decision-making and policy development.
- **Cultural transformation:** Women leaders seek to change organizational cultures that may favor men by promoting values of inclusivity and collaboration. This shift helps create a more supportive work environment for women, enhancing their opportunities for advancement and success. Research shows that women in leadership positions work to promote diversity and provide equal opportunities for everyone within educational institutions. This is achieved by adopting policies that combat discrimination and promote inclusive work environments (Miller & Davis, 2021). Such approaches contribute to reducing the gender gap and ensuring broader representation of women in administrative roles.
- **Developing gender equality policies:** Women's leadership develops and implements policies that promote gender equality, such as training and mentoring programs, as well as work-life balance initiatives. These policies help overcome obstacles women face, such as biases and discrimination in hiring and promotion processes, as discussed in Morley's (2013) study.

The absence of women from leadership positions in higher education institutions and how women's leadership affects the achievement of inclusivity and gender equality. The study shows that women leaders in higher education tend to foster an inclusive educational environment that supports diversity and equal opportunities.

- **Women leaders serve as role models** for other women in higher education institutions, inspiring new generations of female students and researchers to excel and strive for leadership positions. This positive influence encourages the enhancement of academic and leadership ambitions among women.
- **Women's leadership advocates for women's issues** in higher education institutions by participating in public dialogues and supporting research and initiatives that promote gender equality. This advocacy helps raise awareness of the challenges women face and contributes to driving change.

### 8.2- Answering the second question, which states: What are the main challenges women face in assuming leadership positions within higher education institutions?

- **Structural discrimination and gender stereotypes** are among the challenges women face in higher education. Studies indicate that women are often considered less competent than men in leadership positions, which makes it difficult for them to reach senior positions (Brown et al., 2019). This persistent bias deprives women of leadership opportunities and creates barriers to their professional development.
- **Gender biases that negatively affect women's opportunities** for promotion and leadership remain present in many higher education institutions. These biases may be implicit or explicit, with women being perceived as less competent or having weaker leadership abilities compared to men.
- The concept of the **"glass ceiling"** refers to the invisible barriers that prevent women from reaching senior leadership positions, even if they are qualified. These barriers include institutional systems and rules that maintain male dominance in leadership roles.
- Women in leadership positions face difficulty in **balancing professional and family life**. Family caregiving responsibilities often fall disproportionately on women, adding to the challenges of advancing to or maintaining leadership positions.
- Many women in higher education institutions **lack proper mentoring and support** to develop their leadership skills. Institutional mentoring and guidance programs are often either unavailable or insufficiently targeted at women, hindering their advancement to leadership positions. This was confirmed by the study of Airini, Conner, McPherson, Midson, & Wilson (2011), which explored the challenges preventing women from progressing to leadership roles in higher education institutions, such as the lack of mentoring programs and institutional support, in addition to the challenges of balancing personal and professional life.
- Many higher education institutions maintain an **organizational culture** that favors masculine leadership styles, such as competition and dominance, which may not align with the more inclusive and collaborative leadership styles that women may adopt. This culture fosters an unwelcoming work environment for women aspiring to leadership roles. This was highlighted in White's (2013) study, which focuses on the challenges women face in Australian higher education institutions, such as gender bias in hiring and promotion

processes, and provides recommendations on how higher education policies can be improved to empower women.

- **The lack of women in leadership positions** means fewer female role models to inspire and guide other women. The absence of women in leadership reinforces the belief that leadership is reserved for men, negatively impacting women's ambitions.

### **8.3- Answering the third question, which states: How can higher education institutions improve their policies to support and empower women in leadership positions?**

Higher education institutions can improve their policies by adopting specific strategies, such as implementing systems that enhance transparency in hiring and promotions and providing flexible work environments that help balance work with family responsibilities. In addition, supporting women through mentorship programs and offering programs focused on developing women's leadership skills can help strengthen their roles in leadership (Garcia, 2018).

Research indicates that developing leadership programs aimed at women can help build their leadership capacities and empower them to reach senior positions (Smith & Johnson, 2020). Furthermore, institutional support and a positive organizational culture are vital to increasing the presence of women in leadership roles. Institutions need to review hiring and promotion policies to ensure fairness and equal opportunities between genders. This is emphasized by Tanenbaum (2020), who examines the gender barriers women face in academic leadership and suggests policy changes to enhance women's empowerment, such as providing clear paths for promotion and raising awareness about gender bias.

Promotion criteria must be transparent and fair, with consideration given to the challenges women may face in meeting promotion requirements, such as family obligations.

Special measures can be implemented to promote work-life balance for women, including flexible work arrangements and paid leave for childcare.

Institutions can also improve the representation of women on administrative committees and decision-making boards. Having a balanced number of men and women in leadership positions promotes diversity and helps make more inclusive decisions.

Structural marginalization is reflected in the underrepresentation of women in senior leadership positions due to the lack of clear institutional policies to support women in these roles. Additionally, many higher education institutions lack supportive environments that enable women to grow in leadership roles (Garcia, 2018). This marginalization exacerbates the gender gap and limits women's opportunities to advance within the administrative structure.

There should be designated quotas for women in certain leadership positions to ensure fair representation and enhance their participation in policymaking.

Higher education institutions must adopt strict policies to combat discrimination and gender bias, including implicit biases that may marginalize women. It is important to have clear mechanisms for reporting discrimination or harassment and to ensure that these issues are addressed seriously.

### **8.4- Answering the fourth question, which states: What role do organizational culture and structures play in marginalizing women in leadership positions?**

Organizational culture plays a major role in marginalizing women from leadership positions. Research indicates that institutions dominated by masculine culture often expose women to discrimination and marginalization, preventing them from accessing leadership opportunities (Brown et al., 2019). This culture restricts women's advancement and keeps them away from senior administrative positions.

The study by O'Connor & Goransson (2015) examines the perceptions of female academics regarding promotion in higher education and shows how organizational structures reinforce gender discrimination, preventing women from reaching leadership positions. It indicates that organizational cultures that promote masculine values contribute to the marginalization of women.

Burkinshaw & White (2017) assert that university policies often exclude women, making it difficult for them to advance in leadership roles. They suggest the need for changes in organizational culture to achieve greater equality, a viewpoint supported by Tanenbaum's (2020) study, which highlights the structural and cultural barriers women face in higher education, including implicit biases that contribute to their marginalization. The study explains how organizational change can enhance women's participation in leadership if structural and systemic revisions are made.

## **9- Conclusion:**

This study highlighted the role of women's leadership in higher education institutions and the challenges of marginalization and gender discrimination they face. The findings, based on previous studies, showed that women in leadership positions adopt an inclusive and participatory approach that contributes to promoting equality and justice within academic institutions. However, structural and organizational challenges still pose obstacles to women's advancement in these roles, which necessitates effective institutional measures to overcome these barriers.

The study concluded that overcoming gender marginalization in higher education institutions largely depends on developing policies that support gender balance and enhance women's empowerment by providing targeted training and mentoring programs. It is essential for academic institutions to adopt a more inclusive and flexible organizational culture that ensures fair representation of women in leadership positions.

In conclusion, women's leadership emerges as a key element in achieving inclusivity and equality within academic institutions, but achieving this goal requires ongoing efforts to change organizational structures and adopt effective empowerment policies. In doing so, higher education institutions can contribute to creating more equitable and diverse learning environments, benefiting from the expertise of all members of the academic community without discrimination or marginalization.

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